

### Older People's experiences of GP services in Wales

Older people's access to GP services is a longstanding issue. The Older People's Commissioner for Wales produced a report, *GP Services in Wales:* The Perspective of Older People, intended to improve access, in 2018.

For many older people, the Covid-19 pandemic made access more difficult, especially people living with dementia and those who were isolated with no-one nearby who could help them. The shift to online and telephone-based services was accelerated by the pandemic. This has been helpful for some older people, but has created barriers for others, especially those who are not online. For example, a number of older people have told the Commissioner they have been unable to take part in online / video call appointments with their GP or have been unable to book a face-to-face appointment.

Reported NHS pressures are also having an impact on people's access to health services. This is something that many of the older people the Commissioner and her team have met and spoken with throughout Wales have experienced while trying to access the NHS.

The Commissioner is keen to know what your experiences of accessing GP practices have been like in the last few months and whether you have found any issues. If you are aged 60 or over, this survey is for you. If someone under 60 is filling in the survey form for you, they will need to include your information, not theirs.

If you would like to tell us in more detail about any of your experiences, please use the text box at the end of the survey. All of the answers you provide will be anonymised so you will not be personally identifiable by the information you provide.

You can share your experiences below – it will only take a couple of minutes – or, if you'd prefer, you can call us on 03442 640 670, email <a href="mailto:ask@olderpeople.wales">ask@olderpeople.wales</a> or write to us:

FREEPOST RTHR-HYZC-RRAX // Older People's Commissioner for Wales // Cambrian Buildings // Mount Stuart Square // Cardiff // CF10 5FL

#### Many thanks for your help!

If you need assistance with any of the issues you have experienced, please remember you can contact the Commissioner's Advice and Assistance team on **03442 640 670** or email **ask@olderpeople.wales** for help and support.

Mae'r ddogfen hon ar gael yn Gymraeg // This document is available in Welsh

## Questionnaire

Please circle or mark the most appropriate answer, or write your answer in the box where appropriate. There's also an extra box at the end if you wish to add any further information.

1. In general, how easy is it to contact or get information from your GP practice online, by telephone or by other means?

	Very Difficult		Quite Difficult		Neith Easy Diffic	/ nor		Quite Easy		Very Easy	
Online	1	2	3	4	5	6	7	8	9	10	N/A
Telephone	1	2	3	4	5	6	7	8	9	10	N/A
Other (please specify)	1	2	3	4	5	6	7	8	9	10	N/A

2. In general, how easy is it to get the type of appointment you want at your GP practice?

Very difficult		Difficult	Neit	her easy	nor diffi	cult	Easy		Very Easy
1	2	3	4	5	6	7	8	9	10

3. Do you have the support you need from the NHS and social services to attend all your appointments at your GP practice? (e.g. phone or text prompts; large print / accessible format information)

No supp	port			Some s	support			sup	the port I eed	
1	2	3	4	5	6	7	8	9	10	N/A

4.	Does your healthcare feel joined up, with all of your doctors and nurses
	knowing everything they need to know about you?

No, I hav repeat ever			ne doct ome of				а	ll of the	d nurses le importar on about i	nt
1	2	3	4	5	6	7	8	9	10	

#### 5. How easily can you get to your local GP practice using public transport?

Very Difficult		Quite Difficult		Neit Easy nor Diffic	y		Quite Easy		Very Easy	
1	2	3	4	5	6	7	8	9	10	N/A

# 6. Do you feel able to ask for a home visit if you need one? (You can tell us more about this in the box at the end of the survey.)

No, not a	at all						Yes	, when	ever I ne	ed to
1	2	3	4	5	6	7	8	9	10	N/A

#### 7. Do you feel welcome, respected, and able to have your say in your GP practice?

(You can tell us more about this in the box at the end of the survey.)

Not at a	dl	Rarely		Some	times		Usually	Alv	vays	
1	2	3	4	5	6	7	8	9	10	N/A

	you acce			es in	wel	sh o	r oth	er Cor	nmu	nity Lanç	guages
	Very Difficult		Quite Difficult		Neith Easy Diffic	nor		Quite Easy		Very Easy	
Velsh	1	2	3	4	5	6	7	8	9	10	N/A
Other Community anguage please specify)	1	2	3	4	5	6	7	8	9	10	N/A
servi	ve you r ces with an tell us r	your	practic	e or l	healt	h bo	ard?			: about G	iΡ
Yes			No								
b) If	so, were	you	satisfied	d wit	h the	resu	ılt?				
D) II											

11. What other sources of heal	Ith care are available locally?
12. How could your experience	e of GP services be improved?
Is there anything else you wou experiences with your GP prac	uld like to share with us about your ctice?

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## **Contact details (if necessary)**

You d	o not have to give us your contact details, unless:
	you have a specific issue on which you would like advice or assistance from the Commissioner's office. If so, please tick this box and provide your contact details below. The team will aim to contact you within 10 working days.
	you are happy for us to contact you if we spot something in your answer which may be a cause for concern. If so, please tick this box and provide contact details below.
Name	
Telep	hone Number
Email	
Furt	her information (optional)
backg	ollect this information to make sure that we represent people from all rounds and who have different life experiences, and that we reach as many people as possible.
If you inform	are completing this form on behalf of a friend or relative please provide their ation.
Rural	/urban
How v	vould you describe the area in which you live – rural or urban?
	Rural
	Urban
Age	
□ 70 □ 80	-69 -79 + efer not to say

Ge	ender
	Male Female Other Prefer not to say
	your gender identity the same as the gender you were originally assigned at th?
	Yes No Prefer not to say
Se	xual orientation
	Bisexual Gay / Lesbian Heterosexual Asexual Other Prefer not to say
Re	lationship Status
	Married Divorced Civil Partnership Single Co-habiting Separate Widowed Prefer not to say
Re	ligion or belief
	No religion or belief Christian (all denominations) Buddhist Hindu Jewish
	Muslim Sikh

National Identity	
	Welsh Scottish English Northern Irish Irish British Gypsy or Irish Traveller Other Prefer Not to Say
Ethnic Origin	
	White Mixed/Multiple ethnic groups Asian Black/African/Caribbean Other
Do	you consider yourself to have a disability?
	Yes No Prefer Not to Say